



# *The Spotlight*



January and February 2017



## *Celebrating 40 Years!!*

City of Los Altos Recreation & Community Services Senior Program  
Hillview Park & Community Center 97 Hillview Avenue, Los Altos, CA 94022  
Mon - Fri 8:30 am - 3:30 pm

Grant Park Community Center 1575 Holt Ave, Los Altos, CA, 94024  
Mon & Wed 10:00 am - 2:00 pm

# Index and Highlights

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Mega Regnery dots a kid out of stitching up the little primates.

This month the Senior Program will be 40 years old! We plan to celebrate with events that capture the spirit of accomplishment from the beginning to the present. The theme is “**Catch The Wave**” and the color is **ruby**!

To prepare for the upcoming events we looked through many pictures, articles, and artifacts. We came upon an article written in 1978 when the Senior Program was celebrating it’s 1st anniversary.

According to Loretta Hogan, chairman of the Los Altos Senior Coordinating Council, “the center filled a special need for seniors, there was no place to get free services and that is why we got this going”.

In those days the Center was open Monday, Wednesday, Friday from 10 am to 3pm. It offered a variety of activities both recreational and educational with a senior focused social services referral component.

One of the groups that met every Monday morning to make monkey toys for terminally ill children at Stanford Children’s Hospital continues to meet today and are referred to as the Monkey Toy Ladies. Mega Regnery is pictured here, from the beginning days, happily making her monkey toy!

### Welcome Barbara Wilmoth!



I see myself enhancing the atmosphere at the senior center by providing excellent customer service with my energetic smile! Let’s grow with

the center and encounter new opportunities together! I look forward to meeting new faces and working with active adults!

## Luncheon



**Friday, January 13, 2017** we kick off the 40th Anniversary of our Senior Program with good food, fun, and special activities with prizes to boot! Do you have memories of those days?  
**Join Us!**



12:00 pm, doors open at 11:30 am.  
Luncheon is \$8 Members, \$10 Other

# January 2017 Hillview

Mon	Tue	Wed	Thu	Fri
<b>2</b>  <b>Closed</b>	<b>3</b> 9:00 Ping Pong 9:00 Bridge Free Play 10:00 Bocce Ball	<b>4</b> 9:00 Bridge Play 9:30 Artventures 10:00 Bocce Ball 10:00 Grant Park 11:00 Pickleball 12:30 Mah-Jongg Int. Free Play 6:00 Pickleball	<b>5</b> 10:00 Bocce Ball 10:00 Men's Group 12:00 Pinochle 1:00 Beg. Mah-Jongg	<b>6</b> 1:00 AARP Smart Driving  <b>Super Size Screen: Royal Night Out</b> 1:00 Room 12 Members: Free All Others: \$1.00
<b>9</b> 9:30 Monkeys 10:00 Grant Park 10:00 Bocce Ball 12:00 Poker 1:30 Yoga 1:30 Scrabble 2:00 Tech Tutor 4:00 Sr. Comm. At Grant Park	<b>10</b> 9:00 Ping Pong 9:00 Bridge Free Play 10:00 Bocce Ball 11:45 Tai Chi for Life	<b>11</b> 9:00 BridgePlay 9:30 Artventures 10:00 Bocce Ball 10:00 Grant Park 11:00 Pickleball 12:30 Mah-Jongg Int. Free Play 6:00 Pickleball	<b>12</b> 10:00 Bocce Ball 12:00 Pinochle 1:00 Beg. Mah-Jongg 1:00 Book Club	<b>13</b> 1:00 AARP Smart Driving 12:00 <b>40th Anniversary Kickoff Luncheon</b>  <b>*Entertainment and a special meal</b> Members: \$8.00 Non-Members: \$10.00
<b>16</b>  <b>Closed for Martin Luther King, Jr. Day</b>	<b>17</b> 9:00 Ping Pong 9:00 Bridge Free Play 10:00 HICAP 10:00 Bocce Ball 1:00 Line Dancing	<b>18</b> 9:00 Bridge Play 9:30 Artventures 10:00 Bocce Ball 10:00 Grant Park 11:00 Pickleball 12:30 Mah-Jongg Int. Free Play 6:00 Pickleball	<b>19</b> 8:00 Stretch & Flex 9:15 Int. Bridge 10:00 Bocce Ball 10:00 Men's Group 11:00 <b>Guest Speaker</b> 12:00 Pinochle 1:00 Beg. Mah-Jongg	<b>20</b> 10:00 Foreign Affairs  12:00 Birthday Lunch Member's Birthday Free Members: \$4.00 All others: \$6.00
<b>23</b> 9:30 Ten weeks/ Bridge 9:30 Monkeys 10:00 Grant Park 10:00 Bocce Ball 12:00 Poker 1:30 Yoga 1:30 Scrabble 2:00 Tech Tutor	<b>24</b> 8:00 Stretch & Flex 9:00 Ping Pong 9:00 Bridge Free Play 10:00 Bocce Ball 11:45 Tai Chi for Life 1:00 Line Dancing	<b>25</b> 9:00 BridgePlay 9:30 Artventures 10:00 Bocce Ball 10:00 Grant Park 11:00 Pickleball 12:30 Mah-Jongg Int. Free Play 6:00 Pickleball	<b>26</b> 8:00 Stretch & Flex 9:15 Int. Bridge 10:00 Piano Lessons 10:00 Bocce Ball 12:00 Pinochle 1:00 Beg. Mah-Jongg	<b>27</b> 10:00 Foreign Affairs  12:00 Luncheon Members: \$4.00 Non-Members: \$6:00
<b>30</b> 9:30 Ten weeks/ Bridge 9:30 Monkeys 10:00 Grant Park 10:00 Bocce Ball 12:00 Poker 1:30 Yoga 1:30 Scrabble 2:00 Tech Tutor	<b>31</b> 8:00 Stretch & Flex 9:00 Ping Pong 9:00 Bridge Free Play 10:00 Bocce Ball 11:45 Tai Chi for Life 1:00 Line Dancing 1:00 Ping Pong	<div><p><b>Your visit is a gem!</b></p></div> <div><p><b>*Note: Calendars are not a comprehensive listing of all programs.</b></p></div>		



# February 2017 Hillview


Mon	Tue	Wed	Thu	Fri
		<b>1</b> 9:00 Bridge Play 9:30 Artventures 10:00 Bocce Ball 12:30 Mah-Jongg	<b>2</b> 9:15 Int. Bridge 10:00 Piano Lessons 10:00 Bocce Ball 10:00 Men's Group 12:00 Pinochle 1:00 Beg. Mah-Jongg	<b>3</b> 10:00 Foreign Aff. 1:00 <b>Super Size Screen</b> <i>Manchurian Candidate</i> 1:00 Room 12 Members: Free All Others: \$1.00
	<b>6</b> 9:30 Ten Weeks/ Bridge 9:30 Monkey Toy 10:00 Bocce Ball 1:30 Yoga 1:30 Scrabble 2:00 Tech Tutor 4:00 Sr. Comm.	<b>7</b> 8:00 Stretch & Flex 9:00 Ping Pong 9:00 Bridge Fr. Play 10:00 Bocce Ball 11:45 Tai Chi for Life 1:00 Line Dancing	<b>8</b> 9:00 Bridge Play 9:30 Artventures 10:00 Bocce Ball 11:00 Pickleball 12:30 Mah-Jongg 1:00 Craft Wkshop	<b>9</b> 8:00 Stretch & Flex 9:15 Int. Bridge 10:00 Piano Lessons 10:00 Bocce Ball 12:00 Pinochle 1:00 Beg. Mah-Jongg 1:00 Book Club
<b>13</b> 9:30 Ten Weeks/ Bridge 9:30 Monkey Toy 10:00 Bocce Ball 1:30 Yoga 1:30 Scrabble 2:00 Tech Tutor	<b>14</b> <i>Valentine's Day</i> 8:00 Stretch & Flex 9:00 Ping Pong 9:00 Bridge Fr. Play 10:00 Bocce Ball 11:45 Tai Chi for Life 1:00 Line Dancing	<b>15</b> 9:00 Bridge Play 9:30 Artventures 10:00 Bocce Ball 11:00 Pickleball 12:30 Mah-Jongg	<b>16</b> 9:15 Int. Bridge 10:00 Piano Lessons 10:00 Bocce Ball 10:00 Men's Group 12:00 Pinochle 1:00 Beg. Mah-Jongg	<b>17</b> 10:00 Foreign Affairs 12:00 <b>Luncheon</b> Members: \$4.00 All Others:\$6.00
<b>20</b> <b>Closed for President's Day</b>	<b>21</b> 8:00 Stretch & Flex 9:00 Ping Pong 9:00 Bridge Fr. Play 10:00 Bocce Ball 1:00 Line Dancing	<b>22</b> 9:00 Bridge Play 9:30 Artventures 10:00 Bocce Ball 11:00 Pickleball 12:30 Mah-Jongg	<b>23</b> 8:00 Stretch & Flex 9:15 Int. Bridge 10:00 Bocce Ball 12:00 Pinochle 1:00 Beg. Mah-Jongg	<b>24</b> No Foreign Affairs class 12:00 <b>Luncheon</b> Members: \$4.00 All Others:\$6.00
<b>27</b> 9:30 Ten Weeks/ Bridge 9:30 Monkey Toy 10:00 Bocce Ball 1:30 Yoga 1:30 Scrabble	<b>28</b> 8:00 Stretch & Flex 9:00 Ping Pong 9:00 Bridge Fr. Play 10:00 Bocce Ball 11:45 Tai Chi for Life 1:00 Line Dancing			

**\*Note: Calendars are not a comprehensive listing of all programs**

# January 2017 Grant Park

Mon	Tue	Wed	Thu	Fri
<b>2</b>  <b>Closed</b>  <b>Grant Park will open</b> <b>January 4, 2017</b>	<b>3</b>  Closed	<b>4</b> 10:00 Int. Bridge, Mah- Jongg, Cards 10:15 Stretch with Eleanor 10:45 Chair Workout 11:00 English Lesson & Conversation Group 11:30 Snack & Socialize 11:45 Spanish Lesson w/ Viviana	<b>5</b>  Closed	<b>6</b>  Closed
<b>9</b> 10:00-2:00 Int. Bridge, Mah-Jongg, Cards	<b>10</b>  Closed	<b>11</b> 10:00 Int. Bridge, Mah-Jongg, Cards 10:15 Stretch with Eleanor 10:45 Chair Workout 11:00 English Lesson & Conversation Group 11:30 Snack & Socialize 11:45 Spanish Lesson w/ Viviana 12:45 Zumba 12:45 Book Club with Betsy	<b>12</b>  Closed	<b>13</b>  Closed
<b>16</b>  <b>Closed for Martin Luther King, Jr. Day</b>	<b>17</b>  Closed	<b>18</b> 10:00 Matter of Balance 10:00 Int. Bridge, Mah-Jongg, Cards 10:15 Stretch with Eleanor 10:45 Chair Workout 11:00 English Lesson & Conversation Group 11:30 Snack & Socialize 11:45 Spanish Lesson w/ Viviana <b>12:00 Speaker **Carol Fenwick</b> 12:45 Zumba	<b>19</b>  Closed	<b>20</b>  Closed
<b>23</b> 10:00-2:00 Int. Bridge, Mah-Jongg, Cards	<b>24</b>  Closed	<b>25</b> 10:00 Matter of Balance 10:00 Int. Bridge, Mah-Jongg, Cards 10:15 Stretch with Eleanor 10:45 Chair Workout 11:00 English Lesson & Conversation Group 11:30 Snack and Socialize 11:45 Spanish Lesson w/ Viviana 12:45 Zumba 12:45 Garden Club	<b>26</b>  Closed	<b>27</b>  Closed
<b>30</b> 10:00-2:00 Int. Bridge, Mah-Jongg, Cards	<b>31</b>	<b>Open every Mon &amp; Wed 10:00 am—2:00 pm</b> <b>1575 Holt Avenue, Los Altos, CA 94024</b>		

# February 2017 Grant Park

Mon	Tue	Wed	Thu	Fri
		<b>1</b> 10:00 Matter of Balance 10:00 Int. Bridge, Mah-Jongg, Cards 10:15 Stretch with Eleanor 10:45 Chair Workout 11:00 English Lesson & Conversation Group 11:30 Snack and Socialize 11:45 Spanish Lesson with Viviana	<b>2</b> Closed	<b>3</b> Closed
<b>6</b> 10:00-2:00 Int. Bridge, Mah-Jongg, Cards	<b>7</b> Closed	<b>8</b> 10:00 Matter of Balance 10:00-2:00 Int. Bridge, Mah-Jongg, Cards 10:15 Stretch with Eleanor 10:45 Chair Workout 11:00 English Lesson & Conversation Group 11:30 Snack and Socialize 11:45 Spanish Lesson with Viviana 12:45 Zumba 12:45 Book Club with Betsy	<b>9</b> Closed	<b>10</b> Closed
<b>13</b> 10:00-2:00 Int. Bridge, Mah-Jongg, Cards	<b>14</b> Closed	<b>15</b> 10:00 Matter of Balance 10:00 Int. Bridge, Mah-Jongg, Cards 10:15 Stretch with Eleanor 10:45 Chair Workout 11:00 English Lesson & Conversation Group 11:30 Snack and Socialize 11:45 Spanish Lesson with Viviana <b>12:00 Speaker **Julie Rose</b> 12:45 Zumba	<b>16</b> Closed	<b>17</b> Closed
<b>20</b> Closed for Presidents Day	<b>21</b> Closed	<b>22</b> 10:00 Matter of Balance 10:00 Int. Bridge, Mah-Jongg, Cards 10:15 Stretch with Eleanor 10:45 Chair Workout 11:00 English Lesson & Conversation Group 11:30 Snack and Socialize 11:45 Spanish Lesson with Viviana 12:45 Zumba 12:45 Garden Club	<b>23</b> Closed	<b>24</b> Closed
<b>27</b> 10:00-2:00 Int. Bridge, Mah-Jongg, Cards	<b>28</b>	<b>Open every Mon &amp; Wed 10:00 am—2:00 pm</b>		

# Membership Perks

## Membership

*Your membership with Los Altos Senior Program is important to us! You are not only contributing to a viable Senior Program, you are also strengthening our community and relationships. Our doors are open so come in and join us! Annual Membership is \$26.00 for Los Altos residents and \$40.00 for Non-residents. Don't forget to add \$6.00 for home delivery of our bi-monthly newsletter: The Spotlight! Make checks payable to: City of Los Altos*

## Members get these perks with membership!



### Birthday Month Members!

Enjoy a FREE Lunch at our Birthday Luncheon during your birthday month!

### Free First Friday Movies for Members

\$1 for all others

### Copies

Members are welcome to ten free black and white copies per year. After ten, the member cost is 5¢ per side of copy. All others cost is 10¢.

Please see the front desk volunteers for assistance.

### Technology Resource Tutor

By appointment HV Room 10  
Bring your device and meet one-on-one or in a group.  
Technology savvy volunteer. 1/2 hour appointments.

### Equipment Loan Closet

The Loan Closet contains wheelchairs, walkers, and canes. Check out these items for three-month intervals after signing a release of liability form.

### Battery Recycling Drop Off Location

#### Moved:

Batteries are now being dropped off at Los Altos True Hardware, located at 441 1st St, Los Altos, CA 94022.

### DVD Loan Library

Over 200 DVD's to choose from. DVDs are checked out for one week. A maximum of six DVDs may be loaned at a time.

### DMV Packets

Copies of the online practice tests, articles, informational DVD, and driver booklets are available for loan.

### Medicine Drop-Off

Expired pills in their respective containers only.

**Please NO sharp objects or liquids.**

### See's Candies Certificates for Members ONLY

See's Candies 1 lb. Gift Certificates are for sale for \$15.50. Retail cost is \$18.

### Free In-Home Repair Program

Volunteers: Lorraine Hancock, Dave Izant, and Bill Schick help with **minor** repairs such as :

Electrical — Changing Light Bulbs, Switches

Plumbing — Dripping Faucet, Leaky Toilet

Sprinklers — Timers, Sprinkler Heads

This program is **not** for emergency repairs. Turn around time, up to two weeks. No in-home repair request is guaranteed. Volunteers determine extent of requests. Due to work load, repair requests can be closed at any time. Donations accepted. Call (650) 947-2797.

### City of Los Altos

### Grant Park Senior Program

Grant Park Program activities are currently FREE to Members. Donations accepted!

# Volunteer Appreciation

We want to say a special THANK YOU to Isabella Rivera, our Volunteer Coordinator who has moved on to a new career. We wish her much success in her new endeavor!

**Volunteer**  
Monkey Toy Makers

Flower/Plant  
Maintenance

Friday Lunch Program at  
Hillview  
Wednesday Snacks at  
Grant Park

Facility/Event Set-Up and  
Breakdown

Facility /Equipment  
Inventory/Organizing

Event Monitoring and  
Tracking

Facility Decorating

Facility Tours  
Tech Tutoring  
Mini Trip Escort



**W**e remember and honor our beloved volunteers who are no longer with us.

Trudy Hickok was an avid Monkey Toy maker for many years. She also helped put the Spotlight Newsletter together for mailing. Trudy never grew tired of being a part of the Senior Program. Her steadfast support of the program will always be cherished.



Ed Hodges was a rock of the Senior Program, supporting it for many, many years. He was involved with the Men's Group, Los Altos Legacies and much more. His support of the program will truly stay with us for years to come!

## ***The Los Altos Legacies would like to share:***

It is with sadness that Los Altos Legacies announces the passing of long-time Board Member Ed Hodges at age 102 in December 2016. We will miss his pleasant demeanor at our meetings.

We hope all seniors enjoyed the chocolate treats provided by the Los Altos Legacies to every attendee at the Holiday Luncheon. The musical entertainment arranged by Cheri was also sponsored by Legacies, and it added a lovely holiday ambience to the affair. Of course, what would the luncheon be without the highlight of the Legacies' orchid door prize give away! We congratulate all the lucky winners!

**We always appreciate MVP, Municipal Volunteer Program! Thank You!**

Volunteering for the Senior Program...Interested?

**Contact our Volunteer Specialist at (650) 947-2897 or visit [losaltosca.gov/volunteer](http://losaltosca.gov/volunteer).**



# Catch the Wave of Classes, Activities and Services!

## 10 Weeks to Play Bridge Returns

10 weeks to play bridge is back! This class is for beginners who have learned the basics and would like to improve their game.

*Prerequisites: Students should have either completed our previous ten-week course or have some playing experience.*

1/23-4/3/2017 \*\*No class 2/20/2017

Mondays, 9:30am-11:30am

Senior Members: \$110.00

All others: \$120.00



### Movie Friday! See what's on the Big Screen!

#### January and February!

**A Royal Night Out** is a romantic comedy-drama. It is a night full of excitement, danger and the first flutters of romance.

Date: January 6, 2017

**Manchurian Candidate; 1962.** U.S. soldier is captured by communists and brainwashed, but with a fellow soldier, races to uncover a terrible plot.

#### Both Movies:

Time: 1 pm

Location: Hillview Senior Center Room 12

**Free for Members** \$1 for all others

## Game Playing

**Come in and play our games** with your friends and family. Monopoly, Chess, Pictionary, Scruples and Chinese Checkers are just a few of the fun games you and your friends or family can play. Come on in and ask how to get started.

## The Lunch Café

We will be serving delectable lunches on the 2nd, 3rd, and 4th Fridays. Come enjoy meals prepared by choice Chefs and Volunteers! Bring a Friend! Meals are \$4-\$8 for Members and \$6-\$10 Other, depending on the event. See you there!

### Interested in the stock market?

There is interest in having a stock market discussion group! Let us know your thoughts!

## Resources

**Los Altos Senior Center** offers a Resource Library that can refer you to social services in the area.

## Tax Program at Hillview

Starting the first Monday in February, our tax program is for basic tax needs. Contact us at 650-947-2797 to sign up.

## 50+ Scholarship Opportunity

**Want to be in our programs? Have concerns about paying for them? Let's talk about it.** Contact Jaimie Chew Recreation Supervisor or call the Los Altos Hillview Senior Center and we will let you know how to qualify.

## Stay Connected



KMVT—Channel 15

[www.losaltosca.gov](http://www.losaltosca.gov)

[www.losaltosrecreation.org](http://www.losaltosrecreation.org)

## Special Events

**Catch the Wave** and join us for our first Speaker of the Speaker Series 2017 at Hillview! Bay Area's own Chris Hennessy, Motivational Speaker has hosted for Let's Make A Deal, KGO Radio and Google!

He comes to Hillview to kick off our 40th Anniversary celebration Thursday, January 19 at 11am in Room 11! A Reception will follow.

**Free to Members, donations accepted.**



### 40th Anniversary Speakers Panel

Come hear about the history of our Senior Program told by Guest Panelists King Lear, Paul Gonella, and more! Thursday, February 16, 2017, 11am-12pm in Room 11. A reception will follow. This event is **free**, donations are accepted!

### New Photography Class at Hillview!

This exciting class will be taught by Gary Anderson, editor-in-chief of a national automobile magazine and an award-winning freelance professional photographer with over 50 years of experience shooting for print and internet publications. Starting Friday, February 3, 2:30-3:30pm, this 4 week class is **FREE to Members!** Bring your Cell Phone and get started!

Registration by phone or in person at the Senior Center.



### Grant Park Speakers

#### January:

Carol Fenwick a Speech Pathologist will be speaking on hearing conversation.

#### February:

Julie Rose, Los Altos Chamber of commerce.

### Matter of Balance

#### Matter of Balance comes to Grant Park

Jan—Mar. 1/18/17—3/8/17

Wed. 10:00am-12:00am

Register at Grant Park or call HV 650-947-2797.

Learn to view falls as controllable, set goals for increasing activity, make changes to reduce fall risks

### Craft Workshop: Soap

Melt and Pour Soap Making, a.k.a. Soap Crafting, is an easy and creative way to make your own soap. In this workshop, one will learn how to color, scent, and add other items to make your soap unique. All materials will be provided to make 4 soaps. By the end of the session, your creations can be used immediately or given as gifts.

Members: Free | All others: \$3.00 | Rm 12 | February, 8 at 1pm



## Classes and Activities Locations! Services, Senior Center and Community

Please see the Recreation Guide under Adult and Senior Classes, Pages 24—39 for Class Descriptions!

Artventures	Room 12	645514
Foreign Affairs	Room 18	645543
Line Dance	HV Social Hall	645511
Luncheons	HV Multi-Purpose	645201
Men's Group	Room 11	645529
Private Piano Lessons	Conference Rm 3	645522
Pickleball	LAYC & Egan Gym-pm	640965
Stretch and Flex (2) Classes	HV Social Hall	645108
Super Size Screen Movie	Room 12	645103
Tai Chi For Life	Room 4	645534
Monkey Toy Makers	Room 11	
Bocce Ball	Hillview Bocce Ball Courts	
Bocce Ball	1st Tuesday 2:00	
Poker	Room 11	
Yoga	Room 12	
Scrabble	Room 10	
Technology Tutor	By Appt. Room 10	
Bridge Free Play	Room 11	
Ping Pong	Room 12	
Chess	Room 10	
HICAP	Room 10	
Intermediate Bridge	Room 12	
Grant Park	GP Multi, Rm 1	
Mah-Jongg	Room 12	
Intermediate Mah-Jongg	Room 11	
Drop-In Mah-Jongg	GP Multi-Purpose	
Pinochle	Room 11	
Senior Commission Meeting	Grant Park	
English Lessons	GP Multi-Purpose	
Smart Driver Renewal Course	Room 12	
Drop-In Games and Activities	Room 10—12, GP Multi	
Terrible Adult Chamber Orchestra	LAYC	
Family Holiday Sing-A-Long	LAYC	
Book Club	Room 17	
Los Altos Legacies Board Meeting	Neutra House, HV	
<i>Guest Speaker-Chris Hennessy</i>	Room 11, HV	
<i>Speaker Panel</i>	Room 11, HV	

### Senior Center Services

Daily Coffee Service Rm 10  
Coffee Service GP Multi  
*Donations are appreciated!*

### Cards For All Occasions

Card file located in Room 11

### Los Altos Residents 50+ Scholarship Opportunity

For participation in our Programs. Call Jaime Chew 650.947.2848.

### Senior Center Library Rm 11

### Los Altos Hardware

Battery Recycling 441 1st St.

### Los Altos Art Club

Art Exhibit every 2 mo. Rm 10,11

### MVLA Mountain View-Los Altos Adult Education

Classes taught at Hillview

### Transportation: Road Runners

Pick up and Drop off  
650.940.7016

### Vial of L.I.F.E. Rm 10

Lifesaving Information for  
Emergencies call 650-947-2797

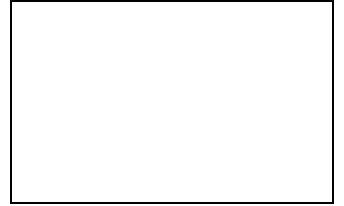
### CSA Senior Services Program

Case Management 650-810-2237





Los Altos Senior Program  
Hillview Community Center  
97 Hillview Ave.  
Los Altos, CA 94022



Change Service Requested

👉 Time Sensitive Material

Email: [recreation@losaltosca.gov](mailto:recreation@losaltosca.gov)

Staff: Cheri Anderson

Lori Stola

Gladys Castro

Barbara Wilmoth

# Spotlight Newsletter

Los Altos Senior Program

